



Clarke
UNIVERSITY

Student COVID-19 Guidebook

INTRODUCTION

Thank you for your patience as we navigate the implications of COVID-19 and the necessary changes to keep our campus healthy. It will certainly take each of us to do our very best to protect each other and those with whom we share our homes, apartments, residence halls, and classrooms. Thank you in advance for your attention to and compliance with the new requirements that have been put in place to mitigate the risk of contracting COVID-19, and to keep our Clarke community as safe as possible. By working together as One Clarke, One Community, we can greatly reduce risks associated with COVID-19.

WHAT WE ARE DOING

- Common areas and frequently touched surfaces are being cleaned daily.
- Hand sanitizer is provided throughout campus.
- Posters will be displayed with reminders on how to prevent the spread of germs and maintaining proper social distancing.
- Room layouts and seating arrangements will be revised to allow for social distancing.
- Meeting rooms and other communal areas will have reduced seating and capacity limits.
- Plexiglas partitions will be used in areas where there is frequent person to person interaction.
- Protocols have been developed to guide our activities inside and outside the classroom.

WHAT IS REQUIRED OF STUDENTS

We need to see ourselves and others as carrying the COVID-19 virus. Why? It is possible for someone to have the virus without displaying any symptoms and spread the virus to others – without even knowing they are doing so. The following requirements and best practices are based on information from the US Centers for Disease Control to mitigate the risk of contracting and spreading the virus.

- You are required to set-up a profile in the ATS software for [Student COVID Screening](#). This free app, designed for initial use for student athletes was selected for use for all students because of cost, quality, and effectiveness in use.
- You will only need to set-up your profile once. If you are a student athlete, please select your team during the setup process. If you are not a member of an athletic team, please select Coed General as the category. You will then create a username and password. When you receive your daily email to do the screening, you will be required to log-in using your username and password, then answer yes/no questions that will take approximately 30 seconds.
- Take your temperature and monitor your symptoms daily. You are required to use the daily COVID Screening to answer questions before 10 a.m. each day. You will receive an email from marissa.robbyns@clarke.edu with a link to the screening tool. If you answer yes to any of the questions you will receive follow-up from a member of the health services or athletic training staff.
- If you are sick, stay home or go home/back to your campus room/apartment.
- Maintain social distancing practices.
- Wear a mask or face covering unless in your room or apartment/house.
- Wash your hands frequently and thoroughly with soap and water for at least 20 seconds (or, if soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol).
- Cover your nose and mouth when sneezing or coughing.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Replace handshakes with head nods and waves.
- Follow all campus policies and practices.
- Be kind. Understand that this is a stressful time for everyone, and an extra bit of kindness can go a long way.

DAILY SCREENINGS

DIRECTIONS TO SETUP YOUR PROFILE

PLEASE MAKE SURE TO HAVE YOUR INSURANCE CARD ON HAND.

Step 1:

Welcome to the ATS Athlete Portal!

First time users will use the following credentials:

Username: new

Password: new

Click LOGIN

Click CONSENT & ALLOW COOKIES

Step 2:

Once you get logged in, fill out all three tabs:

GENERAL, INSURANCE, and CONTACT.

Yellow boxes are required to be filled out before moving on.

GENERAL

Teams Section:

Athletes - Please select your sport(s)

Non-athletes - Please select GENERAL STUDENT

Choose an Athlete ID and Password that you will be able to remember, we would suggest using your student ID as your athlete ID. If you do not have any medical alerts, allergies and/or current medications, please put N/A.

INSURANCE

Fill out all highlighted boxes.

You do not need to upload a picture of your insurance card.

EMERGENCY CONTACT

Fill out the highlighted boxes.

Once you have completed all three tabs,

Click SAVE ATHLETE INFORMATION

Your account will not save if a yellow box is left blank.

An error message will appear stating which box was left blank.

If you have any questions please contact Marissa Robbins at marissa.robbins@clarke.edu.

NOTE: The app being used for screening was designed for initial use for student athletes, and was selected for use for all students because of cost, quality, and effectiveness in use.



HYGIENE/SOCIAL DISTANCING

Always practice safe social distancing (6 feet) and proper personal hygiene. Per Clarke policy, masks or face coverings are required when individuals are on campus and outside their room/apartment. Clarke's face covering policy is included in this guide.

ILLNESS

If you are sick, do not come to campus and if you live on campus, do not leave your room/apartment. Please notify Health Services at 563-588-6374 or, if you are a student athlete, your athletic trainer. If the staff recommends that you stay in quarantine, they will notify Pat Maddux, assistant academic dean at pat.maddux@clarke.edu, who will contact each of your instructors by email. If you test positive for COVID-19, you will be working with health services or an athletic trainer. If you live on campus, please contact campus security at 563-588-6393 and request that a member of the residence life professional staff contact you regarding isolation options.

Best practices to keep you and others safe:

- Only go to stores for essential items and wear a mask or face-covering.
- It is not considered safe to dine in restaurants or bars at this time.
- If you order food for delivery or pickup takeout food, be sure the establishment is practicing physical distancing and safe practices. Delivery may not occur inside the building; please meet the delivery person outside.
- Limit your travel outside of Dubuque, as much as possible, to prevent spread.
- Do your own laundry.
- Keep your living space clean and sanitize surfaces that you touch.

Students living off-campus at home with family or friends in an apartment or house:

- If you live with other people treat your living unit as a "family unit."
- Decide together the rules of the house or apartment about safe behavior. You are only as safe as each member of the family unit. Review the information above and get a commitment from each person to live by these expectations.
- Do not share cups, glasses, plates and silverware. Be sure to wash and clean these items well.
- If a member of your family unit needs to quarantine due to symptoms or a pending test, each member of the household (apartment or house) needs to quarantine and be tested if showing symptoms.

Students living on-campus in a residence hall or the campus apartments.

It is very important that you follow the requirements for on-campus living as sent to you by Brenda White, Director of Residence Life via email and posted on the Clarke website. PLEASE NOTE: Students living on-campus are not allowed to have guests or visitors with the exception of assistance on the date and time check-into the residence halls and apartment building. Masks are required to be worn when students are outside their room or apartment.

Given this is an ever-changing situation, we will continue to monitor developments and update our course of action as new information becomes available through the CDC and local health authorities. In the meantime, please do your part to stay healthy, and be prepared for potential disruptions.

ONLINE CORONAVIRUS TRAINING

All students must complete the online coronavirus awareness training course by September 15 and February 15.

The course is administered by Safe Colleges. You will receive an email with a link to complete the course along with a Title IX Rights and Responsibilities and a Diversity Awareness. If you have not received the link, please contact Kate Zanger, Vice President for Student Life, kate.zanger@clarke.edu.

RETURN TO CLARKE FAQS

Is it safe to return to campus?

We are taking every precaution to ensure our campus is safe. We are following federal health and safety guidelines as well as guidance from our state and local governments and are implementing practices such as student self-screenings, wearing masks, and maintaining social distancing practices to keep our campus healthy.

How do I prepare to return to campus?

All students are required to complete COVID-19 training. You will receive an email containing links to the training through the Safe Colleges program. Upon return, all students will be provided with 2 Clarke masks.

Will I be required to monitor my health daily?

We are asking individuals to monitor their own health daily, including checking your temperature before coming to campus or leaving your room/apartment if you live on campus. Students should not come to campus or leave their room/apartment if they do not feel well. Please contact your health care provider or health services at 563-588-6374.

Students are required to set-up a profile using the [STUDENT COVID SCREENING SET-UP](#).

Beginning August 9 for fall student athletes and August 21 for general students, you will receive an email from marissa.robbsins@clarke.edu with a link to log-in using the user name and password you created to answer the screening questions. If you answer yes to any of the questions, you will be contacted by health services or athletic training staff for follow-up.

What if I am part of the CDC-defined High Risk for Severe Illness from COVID-19 Population?

The CDC has identified individuals with a higher risk for severe illness from COVID-19 as older adults and people who have serious underlying medical conditions. [Please click here for most up-to-date identifications.](#)

Students in the identified groups should consult the [CDC's extra precautions site](#) and speak with their healthcare provider.

What should I do if I have COVID-19 symptoms or have a sick family member or roommate at home with COVID-19?

Students who feel ill should not come to campus or leave their room/apartment, if living on campus. If you are already on campus and begin feeling sick, you should go home or to your campus room/apartment immediately. Students with confirmed cases of COVID-19 should follow [CDC recommended steps](#). You should not return to campus until the [criteria to discontinue home isolation](#) are met. Contact Health Services at 563-588-6374 for more information. Students who are well but who have a family member or roommate at home with a confirmed case of COVID-19 should follow the CDC recommended precautions and quarantine until you are sure you are not carrying the virus. You can discuss options with Health Services at 563-588-6374 and your athletic trainer if you are a student athlete.

Do I have to wear a mask on campus?

Masks will be required when students are on campus unless they are in their campus room/apartment until further notice. This is for your individual safety as well as the common good of our students, employees and extended community. Clarke will provide each student with 2 face masks. Please see the Clarke Face Covering policy included in this guide.

Will my temperature be taken each day on campus?

As stated above, you will need to take your temperature and answer the daily screening questions. If you are ill, please do not attend classes or any athletic team activities. If your temperature is 100.4 or higher, do not come to campus or leave your campus room/apartment. Athletic teams will have temperature checks as a routine part of daily activities and prior to travel for competitions.

Will we continue to have in-person gatherings?

In order to promote social distancing on campus, some gatherings will need to be restructured. You may be asked to attend an in-person meeting with limited attendees in a space that is large enough to allow for distancing between participants. In addition, some activities and events will be virtual.

What are the guidelines for students who travel to areas with higher rates of infection?

Non-essential travel is not recommended. We ask that all individuals returning to campus follow the CDC guidelines set out for traveling throughout the United States:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>

What is expected of International students returning to campus?

International students returning to Dubuque and campus from another country are required to monitor their symptoms for 14 days. If the CDC requires you to quarantine you will be notified by Kate Zanger, PDSO. International students who travel from another country are required to meet with Kate Zanger, PDSO and Vice President for Student Life, within three days of arrival to Clarke University.

How will positive cases of COVID-19 be handled on campus?

Despite all precautionary measures, there is always risk of exposure to communicable diseases. Students who test positive for COVID-19 will immediately notify Health Services at 563-588-6374, or if a student athlete, their athletic trainer. Upon notification, an interview will be conducted between the staff member and the student who tested positive in order to carry out contact tracing. Students who test positive will be sent home, if possible, or isolate on campus and continue classes remotely as they isolate for 10 days from the date of the positive test. The residence life professional staff member will contact them to discuss isolation options. Residence life has some rooms set aside for students who need to isolate and are unable to travel home due to distance.

The Dubuque Health Department may also be in contact with students who test positive for contact tracing. Please be cooperative to assist in stopping the spread of the virus. The City of Dubuque has some isolation rooms that may be used for students to isolate when campus rooms are not an option. There is no charge to students for this service, if needed.

Health Services and Athletic Training staff will notify Academic Affairs that a student has a legitimate reason for needing to be on-line for classes following the determination of quarantine or isolation. Students will receive verbal and written notification regarding the dates for quarantine or isolation. Please see the documents at the end of this Guide to read about the requirements of quarantine and isolation.

Student athletes will need to receive medical clearance to return to play following a positive COVID test. The severity of symptoms will determine the testing that is required. Student athletes are responsible for getting the required testing and evaluation using their personal or family health insurance.

Will students be notified if/when there are additional cases of COVID-19 on campus?

Weekly updates on COVID-19 cases will be provided on the Clarke website. As with the initial case reported, contact tracing will occur which may lead to some students and employees being contacted for follow-up.

FACE COVERING POLICY

We continue to monitor our workplace and add safety measures based on guidance from the Centers for Disease Control and Prevention (CDC) and other government organizations. In line with those safety measures, we are providing this guidance regarding the use of masks to prevent the spread of COVID-19.

Employees are required to wear masks when in public and when physical distancing of 6 feet or more cannot be guaranteed. Clarke will provide each employee and student with 2 face masks. It is required that employees wear masks when entering and exiting the building, in hallways, open workspaces and when using common areas such as bathrooms, kitchens and lounges. If an employee or student is in your workspace and has a mask on, even if social distancing of 6 feet or more is in place, we ask that you respect their wishes and put one on too. It is recommended that cloth masks should be 100% cotton and washed daily with soap and water. Masks must be business appropriate and be in line with Clarke University's mission and values. In accordance with updated CDC guidance, gaiters and face shields (when worn without a mask) do not meet the University face covering requirement.

Remember that wearing a mask can help prevent the spread of the disease, but only in addition to other measures that you should be taking in the workplace and at home, such as frequent hand washing, cleaning and sanitizing frequently touched surfaces, and practicing social distancing.

If you feel sick or if you are experiencing any symptoms of COVID-19 (fever, cough, difficulty breathing, chills, headache, muscle pain, sore throat, or new loss of taste or smell), go home or return to your campus room/apartment immediately, and contact your healthcare provider or Health Services at 563-588-6374 for additional guidance.

To get the most benefits from a face covering:

- Make sure it completely covers your nose and mouth.
- Read the directions for use (if provided).
- Wash your hands before and after removing it.
- Try not to touch your face when you adjust it throughout the day.
- Keep cloth coverings clean by washing daily, or more often if contamination occurs.
- Don't let others wear your face covering.
- Keep it away from machinery that it could get caught in.
- If using disposable face coverings, do not reuse them, and throw them away in appropriate trash receptacles.
- Don't lay your face covering on any surface that may contaminate either the covering or the surface.
- Don't use it if it's damaged or has holes, unless it is the only face covering you have access to.

Blatant violations of this requirement will be subject to disciplinary action up to and including suspension. If you have any questions about the use of face coverings on campus, resident students can contact Brenda White, Director of Residence Life, brenda.white@clarke.edu and commuter students can contact Callie Clark, Director of Engagement & Intercultural programs, callie.clark@clarke.edu.

VISITOR/GUEST INFORMATION

Beginning October 1, 2020, for outdoor athletic events and October 5, 2020, for Admissions in-person visits, limited guests will be allowed on campus for specific activities. Effective January 13, 2021, each basketball team will be allowed to invite a designated number of guests to be spectators at each home game. Other on-campus indoor activities and event attendance will continue to be restricted to only Clarke students and employees.

Admissions Visits

- Individual visits of prospective students must be pre-scheduled through the Admissions Office.
- Prospective students will be limited to bringing no more than two (2) guests on their visit.
- The Admissions Office will host no more than five individual visits per day, and no in-person visits will take place on Wednesdays per campus' Phase 3 Return to Work scheduling. Special Game Day or Saturday visits for athletic teams may take place through additional collaboration and planning between the admissions and athletics offices.
- In-person campus tours will be given by admissions tour guides. Tour guides will be required to follow the 6-foot physical distance protocol with guests. Tours will include specific stopping points along the tour. Campus visits will not include touring/viewing of restricted spaces (ex. Residence Halls).
- Visitors will undergo general COVID-19 screening outside of the R.C. and Celeste Wahlert Atrium, prior to their visit (temperature check, basic symptom questions).
- Visitors will receive a wrist band to wear during their visit to indicate that they are cleared to be on-campus.

Group Admissions Events/Visits

Remain virtual at this time.

Outdoor Athletic Events

Clarke student and employee spectators and athlete parents/families may attend outdoor athletic events at Burrows and Dalzell Fields.

- Following the current Heart of America regulations:
 - No visiting team spectators will be allowed.
 - Attendees will undergo general COVID-19 screening at the gate, prior to entrance.
 - Masks/face coverings are required to be worn at all times.
 - Facility capacity will not exceed 50% capacity.
 - Spectators will be required to maintain physical distancing.
 - Bleacher and terrace markings will be provided to assist attendees in physical distancing.

Indoor Athletic Events

Effective January 13, 2021, each basketball team will be allowed to invite a designated number of guests to be spectators at each home game. Guests will need to go through a health screening process before entry and will need to leave the Kehl Center immediately following each game. During double-header events, the Kehl Center will be cleared and cleaned between games. We appreciate your cooperation with this process.

- Tailgating will not be permitted on Clarke's campus or near Dalzell field.
- The Sacred Heart Chapel will only be open to faculty, staff, and students for Mass and prayer activities and with the same restrictions as other indoor spaces. Additional information is posted at the chapel entrance. Employees and students who want to bring a guest to daily or Sunday Mass may contact Hunter Darrouzet, Director of Campus Ministry for instructions.
- Limited exceptions for class demonstrations, vendors, contractors working on projects, will be handled on an individual basis.

MEETING & EVENT GUIDELINES

The health and safety of all Clarke employees and students is our first priority. The following information includes guidelines and protocols for event planners, which will be implemented campus-wide so that we may safely offer events and activities for our community. These guidelines and protocols should be implemented for all department, organization, committee, and team events and gatherings, inclusive of employees, students, and visitors/guests. State and local guidance must reflect the ability to hold public gatherings in order for these guidelines and protocols to be implemented on campus. All guidelines and protocols will be in place for the semester unless otherwise noted.

Clarke University will employ safety practices for the remainder of the calendar year. These practices include wearing face coverings in all public spaces, social distancing, and more frequent cleaning of high-touch surfaces and areas.

General mandatory guidelines for any campus event or activity:

- If an event or activity can take place in a digital format, it should.
- Non-Clarke student/employee guests or visitors are not allowed at campus activities through February 2021.
- If the purpose of an event or activity cannot be achieved in a digital space, the following safety precautions are required:
 - Appropriate **social distancing** must be maintained by all attendees, including at entrance, exit, and throughout the event
 - Appropriate **face coverings** must be worn by all attendees
 - The event space must not surpass the updated posted capacity
 - Each event and meeting space capacity will be updated accordingly in the AdAstra room reservation system and clearly posted in the space.
 - **Events and meetings must reserve space through AdAstra.**
 - Attendance must be tracked through the Source.
 - If food and beverage will be available during the event, event organizers must utilize Dining Services to ensure safe handling and service. Dining Services will offer limited catering services.

Public spaces used for events, meetings, and casual gatherings will be arranged to a new standard setup which will accommodate appropriate social distancing and updated capacities. Special attention to seating in rooms with fixed seats must be paid, to ensure appropriate distancing is occurring.

CONSIDERATIONS FOR EVENT PLANNERS

Purpose

Reflect on the purpose and goals to determine the best way to implement your gathering.

- What is the purpose of this meeting or event?
- What goals do we hope to accomplish as a result of this meeting or event?
- Can you meet the intended goals of your event if attendees are in multiple locations, or outside?

Additional Considerations

Answer the following questions to determine the feasibility of facilitating your plans.

- Do I have the budget and access to purchase additional health and safety supplies (i.e. sanitizer, wipes, masks, individual use items, etc.)?
- Do I have enough people to facilitate an in-person meeting or event to ensure health and safety measures are followed by all in attendance?
- Do I have access to the necessary technology to provide a virtual access option to attendees not comfortable attending in-person?

- Is there a space available on campus that will accommodate the group size I anticipate having at my meeting or event?

If you answer “No” to any of these questions, you should hold your event in a digital format.

IN-PERSON EVENT IMPLEMENTATION

Complete this event checklist before, during, and after your event:

Before the Meeting/Event

- Event details and space reservation request has been submitted and approved through AdAstra
- The event has been submitted into the Source, and contactless attendance tracking has been prepared (contact engagement@clarke.edu for assistance using the Source)
- Table spacing, seating, and overall space layout are set to allow 6ft distance between all attendees
- Exit(s) and entrance(s) are clearly identifiable and marked with signage

During the Meeting/Event

- Organizers are clearly identifiable and can ensure all health and safety procedures are being followed by all attendees:
 - Face coverings/masks are worn by all attendees
 - All attendees maintain 6ft distance
- All organizers and attendees check-in using contactless attendance tracking
- Items being handed out to attendees should not be taken from a common source, instead handed out individually. Items should not be shared – 1 item, 1 user
- Hand sanitizer is available for all attendees throughout the meeting or event
- All organizers and attendees understand to contact healthservices@clarke.edu if they receive a positive COVID-19 test within 14 days of attending this meeting/event

After the Meeting/Event

- Cleaning supplies are on site to wipe down surfaces as necessary, and at the conclusion of the meeting or event

STUDENT ORGANIZATION CONSIDERATIONS

Organization Operations Considerations

- What initiatives are essential to your organization's ability to pursue its mission?
- Does your organization have a direct relationship with an academic or campus department of the university, or a national umbrella organization? If so, what are their expectations for your operations that must be included in your planning?
- Consider an approach of “depth over breadth” for the semester. What is most important for your organization to focus on in the semester?
- What experiments should your organization try in order to be flexible and creative while adjusting operations?

Organization Membership Considerations

- Are there organization requirements (from bylaws) that you will need to temporarily adjust or suspend for operations under pandemic conditions (attendance, office hours, community service hours, etc.)?
- How will you recruit and onboard new members?
- With reduced in-person experiences, how will your organization build and enhance connection and relationships between members?
- How do you plan to communicate with members of your organization about the steps you will be taking to reduce risks?

- How will you create expectations for membership responsibility and hold members accountable if they do not adhere to your guidelines or university guidelines when conducting the business of the organization?

STUDENT ORGANIZATION GUIDELINES

Meetings

- Meetings are defined as recurring membership only gatherings where the business of the organization is conducted. All registered student organization meetings should be conducted virtually in the semester. *Exceptions must be pre-approved by the Director of Engagement and Intercultural Programs.*

Events

- Events are defined as gatherings that are essential to the organization in order to pursue the mission of the group. These events are restricted to members of the Clarke community (no guests) through February 2021.
- The campus events guest policy will be reviewed and may be extended.
- Student organization events taking place off campus must follow request and approval guidelines and must follow all event and safety guidelines (i.e. social distancing, face coverings, hygiene, etc.). *Select the "Off Campus" location, located under the Student Activity Center building in AdAstra.*
- Registered student organizations are *highly encouraged* to conduct events in a digital format whenever possible. In-person events will be approved on a case-by-case basis and must justify appropriate reasoning for being held in person.
 - Space reservation request and approval required
 - Source event creation and attendance tracking required
 - Maximum in-person attendance at the event will be the posted capacity of the space per university physical distancing guidelines

Travel

- Organization members or event attendees traveling locally for organizational purposes must follow university carpooling guidelines.
- Non-local travel (more than 40 miles) is not allowed for the semester.

Fundraising

- No bake sales are allowed for the semester. Only purchased and individually pre-packaged food items may be sold.
- Fundraising events, including those held off campus, must follow all event guidelines and safety protocols (i.e. social distancing, face coverings, hygiene, etc.).

Tabling

- Each table may have only two representatives from the organization at a time, and no more than two visitors at a time – all maintaining social distancing. *Consider providing space and directional signage for lines so those in line can maintain 6ft distancing.*
- The host is responsible for sanitizing the table before, during, and after use.
- Items on the table must be for display only; people may not handle the display items.
- If the host has a sign up or registration, there must be enough writing utensils to give away after use or there must be a sanitized and unsanitized holder for writing utensils, clearly labeled. *Consider contactless sign up using QR code or tinyurl technology linked to a Source form.*
- Giveaways must be kept behind the table and given to people individually.

Consequences

Consequences to student organizations who willingly do not or are unable to abide by the outlined guidelines and protocols are, including but not limited to:

- Shut down of event
- Restriction of privileges to reserve space on campus for future events for a determined amount of time
- Restriction on receiving CSA funds for future events for a determined amount of time

COVID CONCERNS

In response to students and employees requesting a way to express concerns about COVID-19, a [COVID Concerns form](#) has been created. Discipline for students and employees who do not meet expectations for safe and healthy behaviors, as provided in the COVID-19 Guides, can result in sanctions ranging from warnings to suspension or expulsion, or termination of employment, depending on the severity of the behavior.

WELLNESS RESOURCES

As a support to your overall health and well-being, Clarke provides the following confidential services:

Counseling Services: To schedule an appointment email counseling@clarke.edu.

Health Services: To schedule an appointment please email healthservices@clarke.edu or call 563-588-6374.

Campus Ministry: To schedule an appointment contact campusministry@clarke.edu. You may also contact Hunter Darrouzet, Director at hunter.darrouzet@clarke.edu or Jenna Dalisay, Assistant Director at jenna.dalisay@clarke.edu.

Campus Security is available 24/7 at 563-588-6393.

The residence life professional on-call can be reached by calling campus security.

AREA HEALTH RESOURCES

Mercy One Hospital Emergency Room
563-589-8000
Open 24/7
250 Mercy Drive, Dubuque, IA

Medical Associates Acute Care
563-584-3455
Daily 8:00 a.m. – 5:00 p.m.
1000 Langworthy, Dubuque, IA

UnityPoint Urgent Care
563-589-4960
Daily 8:00 a.m. – 8:00 p.m.
1550 University Ave. Dubuque, IA

UnityPoint Finley Hospital Emergency Room
563-582-1881
Open 24/7
1350 N Grandview, Dubuque, IA

GrandRiver Medical Group
563-557-9111
Daily 8:00 a.m. – 5:00 p.m.
1515 Delhi, Dubuque, IA

EXPOSURE CHART

<h2>A</h2> <h3>Primary Exposure</h3>	<h2>B</h2> <h3>Secondary Exposure</h3>	<h2>C</h2> <h3>Tertiary Exposure</h3>	<h2>D</h2> <h3>Community Exposure</h3>
<p>You are suspected or have been confirmed of having COVID-19</p>	<p>You have worked with, lived with or have been exposed to person "A," someone with a confirmed or suspected case of COVID-19</p>	<p>You have been in contact with someone "B," who has been exposed to someone "A" who is being tested for suspicion of COVID-19</p>	<p>All of Us</p>
<p>General Students: Contact Health Services 563-588-6374</p> <p>Student-athletes: Email marissa.robbs@clarke.edu</p>	<p>General Students: Contact Health Services 563-588-6374</p> <p>Student-athletes: Email marissa.robbs@clarke.edu</p>	<p>General Students: Contact Health Services 563-588-6374</p> <p>Student-athletes: Email marissa.robbs@clarke.edu</p>	<p>N/A</p>
<p>Do not be on Campus</p>	<p>Do not be on Campus</p>	<p>May be on Campus</p>	<p>May be on Campus</p>
<p>Return only when cleared by Health Services or Health Care Provider</p>	<p>Return following 14 days after last exposure to person "A"</p>	<p>Follow recommended CDC protocols required</p>	<p>Follow recommended CDC protocols required</p>
<p>Isolate and follow medical provider directives</p>	<p>Quarantine and monitor symptoms and, seek medical advice</p>	<p>Self-monitor for symptoms for at least 14 days from last exposure to "B." Should symptoms develop, self-quarantine, seek medical advice</p>	<p>Always self-monitor before coming to campus or leaving campus room/apartment</p> <p>Anyone feeling ill should remain home</p>
<p>Keep up with classes remotely provided you are able and medical allows you to and notify your instructors</p>	<p>Keep up with classes remotely and notify your instructors</p>	<p>Attend classes and activities as scheduled</p>	<p>Attend classes and activities as scheduled</p>

WHEN TO STAY HOME

Do you have a temperature of 100.4°F (38°C) or higher?

YES

NO

Are you experiencing cough or shortness of breath?

YES

NO

Do you have two (2) of the following: chills, muscle ache, sore throat, headache, a new loss of taste, or a new loss of smell?

YES

NO

Have you or someone in your household had a confirmed positive COVID-19 test in the last 14 days?

YES

NO

Have you been less than 6 feet for more than 15 minutes with someone who has a confirmed positive COVID-19 test in the last 14 days?

YES

NO

If you answered “no” to **ALL** of the above questions, then it is safe to attend classes and activities as scheduled. Please practice good hand and respiratory hygiene, social distancing, wear a mask when you are not able to social distance, and continue to monitor for any changes in your health.



If you answered “yes” to **ANY** of the questions listed, then please do the following:

- ***Stay home and call your health care provider.***
- ***Notify Health Services or your athletic trainer if you test positive for COVID-19.***

